



## Ski School 4 Week Lesson Program Registration Form

**All Forms must be emailed directly to Sam at:  
[bmomskischool@gmail.com](mailto:bmomskischool@gmail.com)**

**Upon receipt of this registration form, Sam will email you a confirmation. After you have received the confirmation you may then call our office directly at 207-364-8977 or mailing a check to : Po Box 296 Rumford, Me 04276 to pay for the program.**

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Kinder Club (Ages 5&6 \$160): Ski \_\_\_\_\_ Snow Kids (Ages 7-14 \$160: Ski \_\_\_\_\_ Snowboard \_\_\_\_\_

**Please Circle One** SATURDAYS 1:30-3:30 **OR** SUNDAYS 9:30-11:30

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_ Cell \_\_\_\_\_

**Indemnification of Risk:** I, (participant) \_\_\_\_\_ understand that there are inherent and other risks involved in the sport, and that injuries are a common and ordinary occurrence. I understand that these injuries might not only result from my actions, but the actions, inactions, or negligence of others.

**Assumption of Risk:** I agree that I am responsible for my safety while participating in the Ski School Program or other sports (running, skiing, tubing, snowboarding, walking, Nordic walking, racing etc) with Black Mountain of Maine, Black Mountain Ski Resort, The Chisholm Ski Club, and that such responsibility includes being physically and psychologically prepared to participate, familiarizing myself with the venue before beginning an using equipment safely. I assume all risks, both known and unknown, connected with my participating.

**Waiver:** Being aware of the risks and willing to assume them, I hereby release from any legal liability Black Mountain of Maine, Black Mountain Ski Resort and it's Board of Trustees, their agents, directors, officers, coaches, employees, sponsors, owners/lessors or use property and trails as well as the owners, manufactures and distributors of equipment provided to me from liability from injury or death to myself or to any other person or damage to property resulting from my participation in the Ski School Program and competition and for any claim based upon negligence, break of warranty, contract or other legal theory, accepting myself the full responsibility for any such injury, death or damage which may result. I intend for this waiver and release to also apply to my relatives, personal representatives, heirs, beneficiaries, next of in and assigns. This agreement is governed by the applicable law of Maine. If any part of this agreement is determined to be unenforceable, all other parts shall be given full force effect. This waiver does not release acts of negligence nor willful and wanton misconduct of any party.

I have read this agreement carefully, understanding that I give up substantial rights by signing it and sign it voluntarily.

\_\_\_\_\_  
Parent/Guardian Full Name (Print) \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Full Name (Signature) \_\_\_\_\_ Date \_\_\_\_\_

39 Glover Road - Po Box 296 - Rumford, Maine 04276  
Tel: (207)364-8977 - Fax: (207)369-0252  
[bmomskischool@gmail.com](mailto:bmomskischool@gmail.com) - Website [www.skiblackmountain.org](http://www.skiblackmountain.org)

## **Ski School Program Participant Health & Emergency Information**

Child's Name \_\_\_\_\_

Parent(s)/Guardian(s) Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (Home) \_\_\_\_\_ Cell \_\_\_\_\_

Workplace \_\_\_\_\_ Work Phone \_\_\_\_\_

Email \_\_\_\_\_

**In case of emergency and the parent(s)/guardian(s) cannot be reached, please contact one of the following persons:**

1. Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Relation \_\_\_\_\_

1. Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Relation \_\_\_\_\_

Please list any chronic medical conditions or allergies your child may have as well as any medications your child may take:

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Please list any other information we should know about your child:

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**Skiing/Riding Ability Level**  
**Please circle student's current ability level**

**Level 1:** Student has never been skiing/riding.

**Level 1+:** Student has been skiing/riding, but has not yet mastered ability to stop on easier green terrain.

**Level 2:** Student is well-blanced and is able to stop on easier green terrain.

**Level 2+:** Student is able to stop on easier green terrain and has been introduced to turns.

**Level 3:** Student is able to stop and turn in both directions on easier green terrain.

**Level 4:** Student is confident on all green terrain and is ready or nearly ready to explore easy blues. Skiers are starting to parallel skis at the start of the turn and learning J-stops. Riders are linking heel and toe turns.

**Level 5:** Student is confident on all green terrain and easier blue terrain and is venturing into steeper blues. He/she is learning to use turn shape to control speed. Skiers are making mostly parallel turns and are generally able to hockey stop.

**Level 6:** Student is confident on all green and blue terrain (at moderate speed) and is ready to explore ungroomed blues or easier black terrain. Skiers are learning to use ski independently and to separate upper and lower body throughout turns. They are also learning to incorporate poles. Riders are developing more rhythm and are starting to skid less, with the tail following the top of the board through turns.

**Level 7:** Student is confident on all blue and easier black terrain and is not afraid to easy moguls or ungroomed trails. Both skiers and riders can make carved and skidded turns. Student is looking to learn different techniques for skiing/riding in variable snow conditions and/or at higher speeds.

Please do your best to estimate student's ability level. (We will do a ski-off during the first class, but it is helpful to have an idea of ability beforehand)

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